

St Benedict's Parish

Arcadia

To love fasting.
Rule of St Benedict, Chapter 4



UPDATE — COVID-19 RESTRICTIONS:
CHURCH ATTENDANCE:
One person per 4sqm, maximum 100 people.

BOOKINGS ESSENTIAL

Contact Paula for:
Parish bookings
on 9653 2312 (Mondays & Fridays)
or 0423 078 282

ONLINE Booking:
<https://www.trybooking.com/BJSGK>

PARISH:

Weekend Mass

Saturday 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday Mass

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession

MONASTERY CHAPEL Masses

Contact Father David for:

Monastery Bookings on 0400 371 260

Sundays 7:00am
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Father Bernard: 0416 032 497

Eighteenth Sunday in Ordinary Time

Year A

1 & 2 August 2020

Entrance Antiphon

*O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.*

First Reading

A reading from the prophet Isaiah 55:1-3
Hasten and eat.

Responsorial Psalm

Ps 144:8-18 R v. 16

*The hand of the Lord feeds us:
he answers all our needs.*

Second Reading

A reading from the letter of
St Paul to the Romans 8:35-39
*No creature can separate us from the love of God,
which is in Christ.*

Gospel Acclamation

Alleluia, alleluia!

No one lives on bread alone,
But on every word that comes
from the mouth of God.
Alleluia!

Gospel

A reading from the holy Gospel
according to Matthew 14:13-21
They all ate and were satisfied.

Communion Antiphon

You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.

Gospel reading for this Week**A reading from the holy Gospel according to****Matthew 14:13-21***They all ate and were satisfied.*

When Jesus received the news of John the Baptist's death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food.' Jesus replied, 'There is no need for them to go: give them something to eat yourselves.' But they answered, 'All we have with us is five loaves and two fish.' 'Bring them here to me,' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves he handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining, twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

The Gospel of the Lord.

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981).

Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

GOSPEL REFLECTION

The **Eighteenth** Sunday in Ordinary Time Year A

Matthew 14:13-21

In this Sunday's Gospel, Jesus invites his disciples to act in response to the needs of the crowd, to respond to the hunger they see before them. That hunger may be a physical hunger, as in the need for food, but it may also be a spiritual hunger. To feed someone means to encounter an individual at a fundamental point of need. It is an invitation to become intimately familiar with what it means to be human and weak.

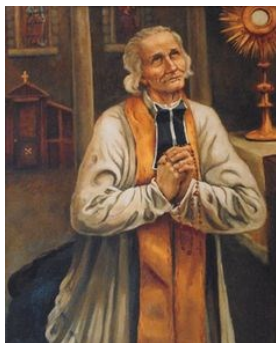
Through this story, Jesus invites his disciples to learn what it means to embrace, with compassion, all who hunger.

Initially, the disciples' response is very tentative. At the prospect of feeding such a large crowd, the disciples look at what they don't have rather than at what they do have.

In facing similar challenges, we might ask ourselves how we respond. Do we look at our inadequacies and, out of fear, choose not to use what we have been given because we judge it is not enough? In God's Kingdom, whatever we have is more than enough if we allow God to act through us; therefore, when we take what we have, offer it to God to be blessed, and then share it with others, it is sufficient—more than sufficient—to meet the needs of God's people.

Acknowledgment Copyright Liturgia Brisbane 2020

SAINT OF THE WEEK



St John Vianney

Feastday: August 4
Birth: 8 May 1786 at Dardilly, Lyons, France
Death: 4 August 1859 at Ars, France of natural causes

Born to a farm family. In his youth John taught other children their prayers and catechism.

Ordained in 1815, though it took several years of study - he had little education, was not a very good student, and his Latin was terrible.

Assigned as a parochial vicar to Ecully, France.

In 1818 he was assigned to the parish of Ars-sur-Formans, France, a tiny village near Lyons, which suffered from very lax attendance.

He began visiting his parishioners, especially the sick and poor, spent days in prayer before the Blessed Sacrament, did penance for his parishioners, and leading his people by example.

Had the gifts of discernment of spirits, prophecy, hidden knowledge, and of working miracles.

Tormented by evil spirits, especially when he tried to get his 2-3 hours of sleep each night. Crowds came to hear him preach, and to make their reconciliation because of his reputation with penitents; by 1855 there were 20,000 pilgrims a year to Ars.

Spent 40 years as the parish priest.

Prayer:

Dear Lord,

Help us to be like St John Vianney, to see God in each person regardless of their situation in life, and despite any wrongs they may have done to us.

AMEN.

THE RULE OF ST BENEDICT

Chapter 7 Part IV (continued)

The third degree of humility is that a man for the love of God subject himself to his superior in all obedience, imitating the Lord, of whom the apostle says: *He was made obedient even unto death.*

FEAST OF ST JOHN VIANNEY AUGUST 4TH 2020

PRAYER

I love You, O my God,
and my only desire is to love You
until the last breath of my life.
I love You, O my infinitely lovable God,
and I would rather die loving You,
than live without loving You.
I love You, Lord and the only grace I ask
is to love You eternally...
My God, if my tongue cannot say
in every moment that I love You,
I want my heart to repeat it to You
as often as I draw breath.

Amen.

POPE FRANCIS' INTENTIONS FOR AUGUST 2020

THE MARITIME WORLD

We pray for all those who work and live from the sea,
among them sailors, fishermen and their families.

AMEN



NEW ADDITIONAL PARISH MASS TIMES

Weekend Mass

Saturday Vigil 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday Mass

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession

COVID19 RESTRICTIONS: 4SQM rules apply MAXIMUM 100 people.

BOOKINGS ESSENTIAL

Contact office on 9653 2312 or Paula on 0423 078 282
Online Booking: <https://www.trybooking.com/BJSGK>

In Our Parish

We remember in our prayers - all our dearly beloved who have died.

We welcome into God's family - to all who were recently baptised.

We pray for the sick of our Parish, our country and throughout the world.

TAP AND GIVE—Donation Point Tap

Although parishioners can still donate by using cash, most people find it easier to give to church via regular electronic transfer from their bank account. It saves time heading for an ATM before church or finding the right change each week. Enabling people to give in a way that suits them is a challenge that many churches are facing. We are also heading towards a cashless world. For this reason and for your convenience we have installed Donation Point Tap devices. They have been pre-set at \$20. All you need to do is place your payWave debit or credit card on the front and it automatically deducts \$20 from your account.

You will find one device available on the disability ramp at the back entry. The other one at front entry right hand side.

The funds will go into the second collection for the parish expenses.

Thank you for your understanding and your kind weekly giving.



CATECHIST NEWS

Unfortunately we are not able to hold our monthly Children's Mass this weekend, but please continue to keep all families in your prayers.

More free training dates are available through the CCD online for all Catechists. **Classroom Management and Curriculum Skills will be available online via Zoom on Monday 17th August, Wednesday 19th August and Monday 24th August 10am -12pm.**

Please register one week prior to the date on 8379 1643 or registrations@bbcatholic.org.au

Our next **Catechist meeting** will be held this **Wednesday at 12:30pm** in the parish. All are welcome.

We are also looking for reserve Catechists. If you have Wednesdays free, love to be with children and are interested in becoming a Catechist, please talk to either Fr Bernard or myself. Training is free!

God bless,
Miriam Brown 9652 0558
Parish Catechist Co-ordinator

SACRAMENTAL PROGRAM

Due to Covid 19 our Sacramental Program has been put on hold. For those children who received the Sacrament of Confirmation last year we are currently working out how and when we can finish the current program. As you know we need to do the Sacrament of Reconciliation and the lessons and Sacrament of Holy Communion. We are looking at different options and will let you know as soon as possible how we can deliver the program in the safest way for all concerned.

We have just heard from the Bishop regarding the start of the next Program commencing with Confirmation.

Confirmation will not take place at St Benedict's until the second half of 2021. The Bishop has also stated that children must now be 8 years of age and in Year 3 before they enrol in the program.

Reconciliation and Holy Communion will take place in 2022.

If you have any further questions please contact

Theresa Neely, Sacramental Program Coordinator

Ph: 0447 425 077

BROKEN BAY NEWS—BBN

The latest Broken Bay News magazine is now available to take home.

CCC PRAYER GROUP

Prayer meeting is held every Friday night after 7pm Mass, as well as Wednesday mornings after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403116987.

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.

For more details call Angela Egiziano. Ph: 9653 2312.

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

COVID 19 RESTRICTIONS

There is now maximum 100 people for Mass. Bookings is still essential or write your name and phone number on the sheets provided at both entries.

Please adhere to social distancing guidelines and sanitize your hands at the door. Also wipe seats down afterwards with wipes provided at both entries.

If you are not well or experiencing flu-like symptoms, please stay home until you get better!

Letter from Vicar-General regarding restrictions:

https://mcusercontent.com/466af249e088db70ab864d088/files/4f3deb3c-7111-4474-8fa2-95b73a186a3c/20200724_letter_vicargeneralcovid19_update.pdf

Most Rev Anthony Randazzo
Bishop of Broken Bay
Message for BBNeighbourhoods

28 July 2020

My dear brothers and sisters in Christ,

Over the past fortnight, we have seen an escalation of COVID cases, not just in the State of Victoria, but also in parts of Sydney. It is worrying, but not unexpected.

Some of the most vocal critics are the very same people who advocate large public gatherings and demonstrations, as well as those who seem to flaunt the physical distancing recommendations and precautionary hygiene measures.

My dear people, now is not the time to relax our vigilance as a community of the Church. The Government measures that have been in place and that we have adopted as a Diocese are for the protection and well-being of all. I would like to thank you for implementing these measures and I urge you to continue to be observant and respectful of them. As a Catholic community, it is important that we take a leading role in good citizenship.

I was reminded this week that the Spanish Influenza pandemic of 1918 swiftly spread around the world and was not “under control” until 1920. While the COVID-19 Coronavirus is different to the Spanish Flu, there is much for us to learn as a community regarding how we might contribute to the safety of our society.

The Flu took a heavy toll on family life. Community wellbeing was threatened continuously over a three-year period. The economy was damaged as businesses closed, workers found themselves unemployed, and basic services such as mail delivery and garbage collection were hindered due to flu-stricken workers.

Thanks be to God, we have a much stronger health system in 2020 than in 1920. We also have access to cleaning and sanitising products that were simply not available to the masses 100 years ago. However, family life is just as vulnerable now as it was during the Spanish Flu because human lives and relationships are always vulnerable in moments of crisis. Likewise, the economy and the availability of gainful employment is currently under threat.

Being aware that members of the community are at risk or in danger is one of our major efforts at this time. Our Parishes, Catholic Schools, and CatholicCare communities are particularly well placed to be alert to risk and they are places where people feel secure. They are for many a safe harbour in the storm.

This week, I urge you to renew your efforts to ensure that you and your family remain attentive to the need for good hygiene, at home and when you are out and about. By being attentive, you will help limit the risk in the community of the Church and therefore in our neighbourhoods and social communities. I also encourage you to pray for an end to this time of trial.

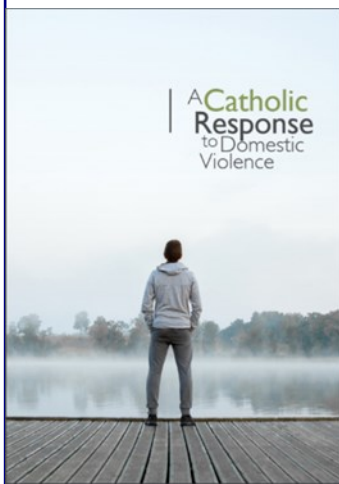
“The plague that prowls in the darkness you will not fear” (Psalm 90: 5-6)

The words of the psalmist invite us to remain faithful and to take refuge in God’s unwavering love. Central to our belief as a Catholic community is that God never abandons His people in time of suffering and hardship.

My prayer this week is that God will protect you and bless you; keep you safe and defend you from all evil; and that you may persevere always in God’s love.

+Anthony

A Catholic Response to Domestic Violence



The Broken Bay Domestic Violence Booklet: ***A Catholic Response to Domestic Violence*** has been refreshed including a message from Bishop Anthony Randazzo who reminds us that “Through this, may we together become better educated so as to work against the various personal and social factors that contribute to all forms of abuse within our homes.”

View and download the booklet from: <https://www.bbcatholic.org.au/parish-community/catholic-life-faith-formation/social-justice/domestic-violence>

A suite of refreshed resources on domestic violence, including other language translations will be available soon.

For more information, please email evangelisation@bbcatholic.org.au

National Vocations Awareness Week 2020

This is a week for the entire Church to consider, support and pray for those searching for their vocations in life. We might think about and pray for the young people in our community and in our families this week especially. In prayer, ask the Lord to enlighten them and give them the grace and courage to respond to His call. The Lord calls each of us to a particular vocation (marriage, consecrated life, priesthood or a single life of service).

PRAYER FOR VOCATIONS TO THE PRIESTHOOD DIOCESE OF BROKEN BAY

Send your Holy Spirit upon us, O Lord,
that we may be holy.

In your mercy, guard and strengthen us to be disciples
who witness to the Good News of Jesus.

Call forth from our community of the Church
generous and loving shepherds after your own heart.

May they be zealous preachers of the Word; faithful teachers of the Truth;
and devoted servants at the Altar.

Fill their hearts with love for you and your creation;
open their minds to a lifetime of learning;

and make them humble servants of your holy people.

For you, O God, are kind and merciful,
and to you we offer glory, in your holy Church,
now and forever.

AMEN

*IMPRIMATUR:
Anthony Randazzo
Bishop of Broken Bay
24 June 2020*

Office Hours: Mondays & Fridays 10.30am to 3pm
Parish Office: 9653 2312
Parish Priest: Fr. Bernard McGrath OSB
After hours: 0416 032 497
Email: arcadia.parish@bigpond.com

Postal address: 121 Arcadia Rd, Arcadia 2159

Website: www.bbcatholic.org.au/arcadia
Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)
Address: Cnr Fagans & Arcadia Rd, Arcadia 2159
Monastery: 9653 1159
Good Samaritan Sisters: 9653 1231

**For all parish Occupational Health & Safety and
Safeguarding Children matters
Contact: Lorraine Dailey on 0416 081 882.**

Bank Details for ONLINE only donations:
BSB: 062 784
Acct: 1446 8001
Name:
Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

CatholicCare Diocese of Broken Bay

To mark Homeless Persons Week last year, CatholicCare launched their Shout a Mate a \$6 Plate campaign in support of Mary Mac's Place in Woy Woy which is open to anyone who is homeless, needing a helping hand or is lonely.

They are currently sitting at just over \$15,000 of a \$30,000 target! Mary Mac's costs over \$150,000 a year to run. Over 20,000 meals a year are provided a year to those in need and they rely 100% on community support.

Every \$6 donation goes straight to providing much needed meals and resources to the most vulnerable in our local communities – and every donation is 100% tax-deductible.

Please help us mark Homeless Persons Week (2 – 8 August) and provide a hot meal to those in need.

www.shoutamateaplate.org.au

